











WHERE RESULTS ARE INEVITABLE!

SEASON 4: 6/27 - 8/19

② TIMES A WEEK - 8 WEEK PROGRAM

FREE TRIAL CLASS: SAT 6/25

♦ FIT - 9:30AM



TRIBE TEAM TRAINING | SCHEDULE

TISIE	36	
	.//=	

M/W 10:30am - Stacy 6:30pm - Madalena

5:30pm - Madalena

8:30am - Madalena

W/SAT

(Wed)

(Sat)

T/TH 6:30pm - Rachel

FIT

M/W 6:00am - Jeff 9:30am - Stacy

9:30am - Stacy

9:30am - Drop in w/Jeff

TRIBE

CORE

FRI

T/TH

5:30pm - Rachel

9:30am - Drop in w/Stacy

WANT MORE INFORMATION? SCAN THE QR CODE AND A COACH WILL CONTACT YOU!





