

WEDNESDAY

TRIBE FIT

M/W

8:30am - David
 9:30am - David
 5pm - David
 6pm - David
 7pm - David

T/TH

6am - Danelle
 8:30am - Theresa
 9:45am - Theresa
 4pm - David
 5pm - David
 6pm - Dani
 7pm - Dani

TRIBE LIFE

M/W

6am - Danelle
 8:30am - Ashley
 3:30pm - Ashley
 4pm - Morgan
 5pm - Kristen N
 6pm - Jen

T/TH

9am - Morgan (virtual)
 6pm - Audrey
 7pm - Audrey

TRIBE KIDS

M

4pm - Jonus

TH

5pm - Simone

T

5pm - Simone

Free Trial Week



July 26-30

TRIBE CORE

T/TH

6pm - Jen

